



Whitcliffe Mount
Business and
Enterprise College
Supported by Spenn Valley Area
Committee & Kirklees Council

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Business and
Enterprise College



It's good to walk to school!

This leaflet forms part of the school's Travel Plan that aims to improve pupils' walking to school habits and increase the number of pupils walking to school.

G.C.S.E. pupils Scott Atkinson, Hiltred Sanctis, James Sheridan, George Speight, Ashleigh Stocks, Joshua White, Thomas Wilson, Georgia Wells, Thomas Viasov-Holmes and Connor Wright wanted to produce their own information leaflet about walking to Whitcliffe Mount and they were helped to do this by Kirklees Council.



The group found out about the many benefits of walking, for you and for the environment and you can read all about these benefits on page 2 of this leaflet.

They also looked at the most popular walking routes to school and these are shown on the map on page 3. They've even pointed out a few short cuts and places of interest on the map that you may find useful.

Please try to walk to school, or part of the way to school - even if it's just once or twice a week. Remember that it's even better if you can walk to school with friends! You'll discover that walking has many benefits and you'll see some interesting things along the way.

There's loads of information on the internet about walking to school, road safety, public transport, the environment and keeping fit. See page 4 for a list of websites that are worth checking out.



Hi - I'm Strider
and I'd like to tell you
why it's good to walk
to school!



Find out more about Strider
and the 'Walk to School'
campaign by visiting:
www.walktoschool.org.uk

Why walk?

- ✓ Walking is a good form of exercise. It lowers cholesterol levels and that's good for your heart.
- ✓ Regular exercise reduces the risk of getting diabetes and developing other health problems.
- ✓ Walking improves physical strength and endurance so you'll feel stronger and fitter.
- ✓ Physical exercise helps to relieve stress.
- ✓ You can go at your own pace and enjoy the surroundings.
- ✓ Walking helps you to stay healthy and control your weight.
- ✓ Fresh air is good for you - you'll get to school more wide awake and alert each morning.
- ✓ It can be fun if you walk with your friends.
- ✓ Walking creates friendlier neighbourhoods as people get out and about and interact with each other more.
- ✓ You are helping to save the planet by using less fuel.
- ✓ Leaving the car at home is better for the environment because less CO₂ is released into the atmosphere.
- ✓ You can go into shops on your way to or from school.
- ✓ Walking to school increases the likelihood of you walking for other short distance trips.
- ✓ Fewer cars on the roads makes roads quieter, cleaner and safer for all road users.
- ✓ Walking saves money on bus fares and petrol.

Useful websites



www.whitcliffemount.co.uk

Everything you need to know about the school.



www.kirklees.gov.uk

Kirklees Council's website.



www.arrivabus.co.uk

Route information, bus timetables and lots more.



www.googlemaps.co.uk

Search for maps and routes online.



www.walktoschool.org.uk

Information about the 'Walk to School' campaign.



www.sustrans.org.uk

Sustrans encourages more people to travel by foot, bike or public transport.

Our most popular walking routes to school

most popular routes
public footpaths

Approximate journey times on foot

- 0 to 15 minutes
- 16 to 20 minutes
- 21 to 25 minutes



CLECKHEATON

Popular short cut - 3
Half way down Spen Lane there's a path across Man Dam Viaduct. It's high so please walk sensibly and stay safe.

Popular short cut - 1
There's a snicket in Turnsteads.

Popular short cut - 2
A short ginnel here.

Whitcliffe Mount Specialist Business and Enterprise College



Cleckheaton Town Hall hosts a variety of events throughout the year



It's a nice walk through the Memorial Park to avoid the main road



Metal sheep on the Spen Valley Greenway



Popular short cut - 4
You can take a short-cut along the side of St. Luke's Church and up the path to West End Park



Cleckheaton Town Centre has some great shops and cafes



Cleckheaton Bus Station
Leads to Cleckheaton 254
leaves 07:34 arrives 08:15
Bradford to Cleckheaton 268
leaves 07:30 arrives 08:09

