

RABC Celebrating 25 Years

October 1998-October 2023

We are far more than a boxing club - we are a valuable Community Hub, helping to support & develop all in the community to be Fit4Life in so many ways.

www.rabc.blog

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AONE
TOOLS & FIXINGS
(BRIGHOUSE) LTD



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History of Titles

Andy Butlin - European Multi-Nations Box-Cup Gold Medal Winner, Denmark (2002).

Eric Draper - Schoolboy National Finalist

Ian Butlin - University National Champion

Danny Sugden - Under 10 Bouts & under 20 Bouts National Finalist 2000/01

Ozayr Ali Baihg - Golden Gloves National Finalist 04/05

Eugene Heagney - Commonwealth Games Boff Offs 03

Adam Morris - National Finalist Junior Championships 2021, Tri-Nations Finalist 2021, England Representative, NABCG Champion 2022, Youth Champion 2023, Picked for England Boxings National Training Camps. Winning 2 gold medals in Angel of North & Hull Box Cups 2023, also Silver Medal in the Haringey Box Cup. Competed for England twice.

Danielle Morris - England National Finalist 2020.

Luca Marsh Angel of North Box Cup Gold 2023

Jayden Allan, Angel of North Box Cup Silver & Yorkshire Representative 2023.

Our History

RABC started October 1998 at Rawthorpe High School, (Now Nether Hall Campus)

From early days with only a handful attending the 2 sessions a week, RABC soon grew to start competing around the country in 1999.

It was apparent from the early days that working with the local youngsters in the area that using the discipline that comes with boxing training lots of parents, teaches were seeing a massive improvement in their children's lives in so many positive ways.

RABC in their 1st year hosted a boxing tournament at the school where they trained and what a fantastic event that was. With support from the local regeneration group DRAM the club secure funding to expand their equipment and support them to travel around the UK entering Boxing competitions. Also a local business man Vinnie Bains who ran a joinery company help support us too.

In the early years the club grew from strength to strength and to this day the club has been so lucky to always have a unique bunch of volunteers who give countless hours of their time to invest into the club and in turn benefits their community.

In 2001 a team of 15 travelled to the Seychelles Islands for an international competition which the club did tireless fundraising.

2003 RABC hosted the Seychelles National team in 2 boxing shows in a week at the Huddersfield Town Hall & Brighouse Bowling Club. Again as we have up until the present day help make life long memories for all. We hosted the National Junior ABA Championships 2004 & 2005 with some going on to win professional world titles and becoming house hold names after winning titles at the Huddersfield Town Hall.

We have so many the thank for their support in the past and ongoing and how thankful we all are at the club past & present for their input.

We have also had so many volunteers from coaches, admin staff to all the parents and families who we have been part of the RABC family journey. We also would like to thank all the businesses who have supported us in so many ways with not only financial help but ongoing support in running the club.

In 2014 we found ourselves in a no win situation and had to look for yet another home for the club. We found a mill and started the process of refurbishing it. We had no help from the council, but we rolled up our selves and with our members, parents, local business coming on board we renovated a 3-story mill in Milnsbridge, we now call home which we moved into December 2017.

Special thanks to Brierstone LTD who supported this refurbishment with their staff & materials they did for no charge to the club.

We have slowly been building up the development of all our sessions at the club and deliver sessions to so many of our community from a women only mums & toddler group to our Mini Rocky's & Rocky sessions, Boxercise, Boxers development sessions as well as the Boxers sessions themselves.

Our community work has gone through the roof with Our Head coach Terry running the day-day sessions in the gym with schools, colleges and other agencies wanting to use our facilities. To Mark & Paul delivering RABC's outreach programmes in the community some schools from Huddersfield, Dewsbury & Cleckheaton to name a few.

This community work has taken on so many different ways to support society as a whole and we now deliver bespoke Knife-Crime initiatives which is very much needed in the current climate we find ourselves in. The outreach work is expanding all the time.

We have been fortunate to get lots of our members in local newspapers & TV over the years with all the good news stories coming out of the gym.

With our new facilities we can deliver to so many more people who need RABC influence in their lives and now have a fantastic cohort group of coaches who have all the expertise in health, fitness & personal development which support all whether it is just to keep fit, dietary advice, wellbeing, strength & conditioning to our elite athletes who compete locally, nationally & internationally. We have onboard when needed volunteers who are specialists' in physio therapy and sports/nutrition which again helps our athletes so much in their chosen sport.

As with all organisation's the pandemic & cost of living crisis has hit all, but we thrive to keep everything going to the high standards we have tried to set ourselves from day one.

We are lucky to recently have a new sponsor on board A ONETOOLS LTD who are going to support us moving forward, which will help us to do what we do bests and support our members & the community to not only become Champions in the Boxing Ring But become Community champions all can be proud of.

We have a fantastic group of new Boxers who are developing and some who we feel will go a long way in their chosen sport.

Over the years we look back at all who have walked through our doors and yes some just to keep fit, some to develop confidence or to feel part of a team and then the ones that want to be the next big boxing star they see on the TV.

With the past boxers winning, county, regional and getting National recognition. To the new crop of talent coming through winning local, regional, box cups and National titles, we have a thousand stories but one I will share now. Several years ago, myself & Paul was working at a local school, working with their behaviour manager to support pupils' behaviour, using the discipline of non-contact boxing training. A young lad used to look in on the sessions but not take part. We pursued him to have a go one day. He seemed to have a bit about himself and we suggested he attend our boxing club on an evening. He had a few behaviour issues and the school mentioned that he wouldn't do much in school and as year 9 he had his options coming up, but we felt school were not supporting him as they should. So year 9, going nowhere would be a nothing to start the discipline of boxing training and starting to compete in local competitions to also knuckle down at school & his studies to leave school with all his GCSE's to then go to No 1 College in Huddersfield to get 3 A star A Levels, to then go to university to now continue his studies to become an architect based in Dublin. He also continues boxing while he is studying and recently boxed for his Irish Club in America.
Well Done Harry Grant.

Another wanting to follow his lead is young Adam Morris who is a multi-Box Cup gold medalist, England International, Regular in England Boxing Training champs and the reigning Youth National champion. We have a fantastic group of young boxers coming through and we as a club are excited to be part of their journey.

It only leaves me to thank you all who have been and continue to be part of RABC's Journey.

Early Years

It was apparent from the early days that working with the local youngsters in the area that using the discipline that comes with boxing training lots of parents, teaches were seeing a massive improvement in their children's lives in so many positive ways.





RAWTHORPE
Amateur Boxing Club

Presented under A.B.A. rules

A Gala Evening
of
Amateur Boxing

Rawthorpe High School

Official Sponsor: **V.K.B.** Joinery Manufacturing Ltd.

Programme £1.00

Boxing 17th April
Doors open 5.30pm
First Box 8.00pm



RAWTHORPE A.B.C

PRESENTS
AN EVENING OF AMATEUR BOXING
UNDER A.B.A. RULES

AT HUDDERSFIELD TOWN HALL
FRIDAY 27th APRIL 2001

HONORARY MEMBER JOHNNY NELSON
1st A.B.C. CRUSETIGHT CHAMPION OF THE WORLD

COACH: MARK REYNOLDS
SECRETARY: JILL REYNOLDS
PROGRAMME: AN

PROGRAMME

50p

RAWTHORPE A.B.C. PRESENTS
AN EVENING OF AMATEUR BOXING
UNDER A.B.A. RULES

ANNUAL
BOXING
SHOW

HUDDERSFIELD
TOWN HALL

BOXING
PROGRAMME

Rawthorpe Amateur
Boxing Club

In conjunction with the Yorkshire A.B.A.

presents

THE NATIONAL JUNIOR
A.B.A. FINALS

PLUS
FEMALE CHAMPIONSHIP
FINALS

at
THE TOWN HALL
HUDDERSFIELD
SATURDAY, 28th MAY, 2005

BOXING
Programme

RAWTHORPE AMATEUR
BOXING CLUB

In Conjunction With The South East
A.B.A.

Presents

National Junior A.B.A. Finals
& The Female Senior
A.B.A. FINALS

at The Town Hall
Huddersfield

£1

Saturday 29th May 2004

Grandad Tom

Tom O'Dounghue

Has been part of our club since 2001. Tom brought his Gandson to the gym and been with us till this day. Tom has always been a larger than life character in RABC's journey travelling around the country supporting our boxers. We even went over several years ago with a boxer to enter the Irish championships much to to joy of Tom who travelled with us to enjoy all what Ireland have to offer. Tom volunteered years ago to be RABC social secretary and organised lots of memorable nights out with all at the club.

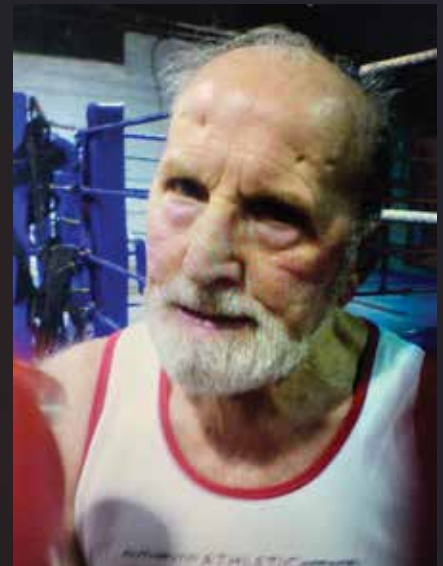
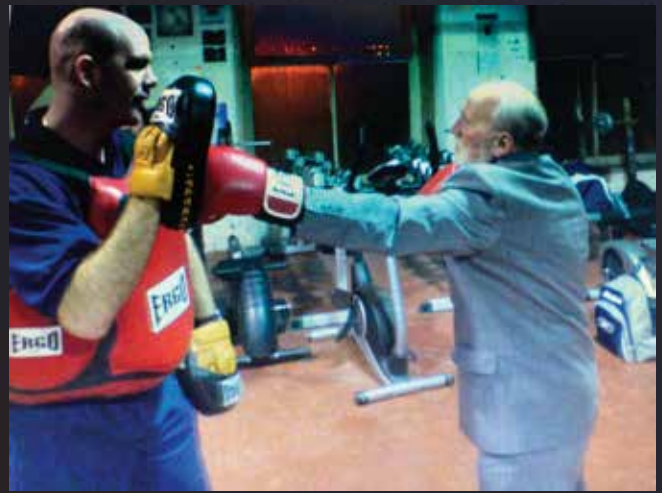
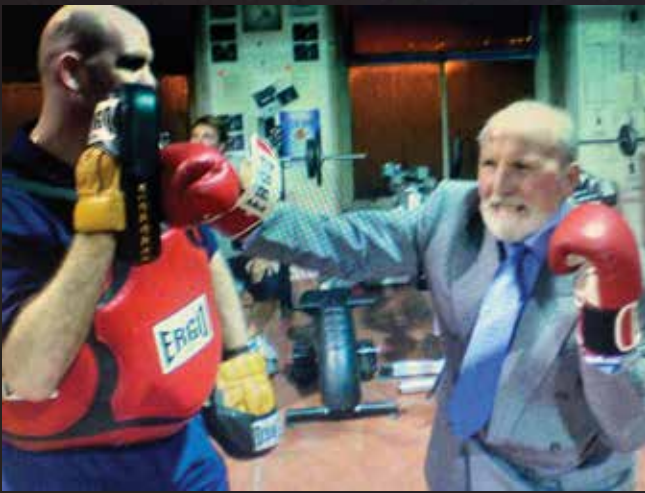
At 81 years of age Tom still attends to gym and helps with odd jobs around to gym and is a massive part of the club.



Derrick

Derrick “Scrapper” Smith

Derrick sadly passed away a few years ago but was like Grandad Tom a big part of our club when we were housed at the Gas Club several years ago. He used to train at the gym twice a week and give some coaching tips to some of the youngsters in attendance. He was old school and took no non-sense off any who said they were tired and used to say I wish I was your age I'd show you a how to do it ! He travelled to some shows with us and again a large part of RABC history.



Adam Morris

RABC's most successful boxer 17 years old Adam Morris. Adam started boxing aged 5. He has gone onto being successful in his chosen sport.

Becoming a junior coach and winning box cup gold medals, Boxing for England & a regular member of England boxing training camps. Highlight of Adams Boxing was his win to become Youth National Champion 2023.



Danielle Morris

Our top female boxer who went on to boxing in National final & train with England boxing. Adams sister who now retired at 20 years old runs her own Beauty business.

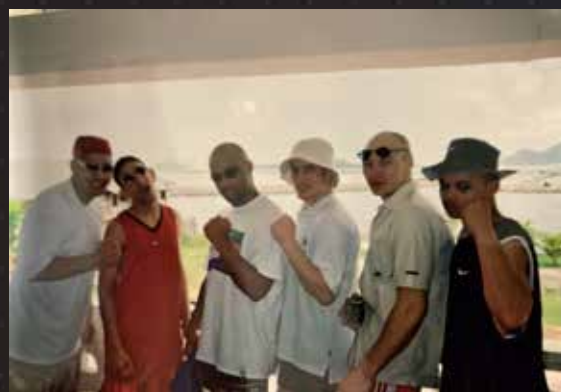


Seychelles

In 2001 we travelled to the Seychelles Islands in the Indian ocean and competed in a tournament which we won. The experience for the young boxers was fantastic which they will remember for the rest of their lives.

The Seychelles team then came to Huddersfield town hall in 2003 boxing against an RABC select on 2 shows in 5 days, Huddersfield town hall & Brighthouse Bowling Club. Another magical experience was had by all involved.

Since then we have also travelled around the country competing in numerous competitions and also abroad in Ireland, Scotland & Wales as well as tournaments in Denmark, France and Cyprus.





CHANCE OF A LIFETIME FOR RAWTHORPE A.B.C.

A party of 15 members from Rawthorpe A.B.C. including Ferni Felinola and Dean Lambert from Karunaad A.B.C. will be flying out to the Seychelles on 1st April for 10 days.

On the 7th April they will actually be boxing in the Seychelles. This certainly is a trip of a lifetime and an opportunity not to be missed.

At the moment everyone is busy fundraising and on Friday 2nd March they are holding a fundraising night which will include a raffle and an auction.

What an opportunity... we hope you all have a wonderful time

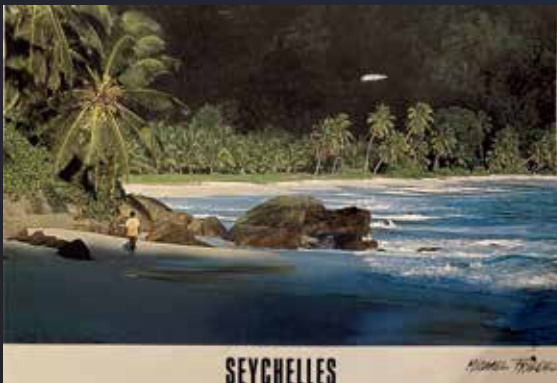



RAWTHORPE A.B.C. (Select) v SEYCHELLES A.B.F.

Programme January 2003

SEYCHELLES ON TOUR

Friday 14th January 2003
Major Amateur Boxing Night



TRIP OF A LIFETIME



A TRIP of a lifetime could be in store for 16 enthusiasts from Rawthorpe Amateur Boxing Club.

The boxers, aged from 12-26, are hoping to raise a massive £11,000 in just nine weeks to jet off to the other side of the world for a 10-day tournament in the sun-drenched Seychelles.

Coach Mark Reynolds said the trip was arranged after he got in touch with one of his former coaches who is now national team manager of the island. He said: "Everybody is really excited. We just hope we can raise the money in time to go this April."

The club meets in The Gas Club, Gasworks Road, Mullerheide, and was formed two years ago through the support of DRAM.

Boxers set for Seychelles



Boxers from Rawthorpe and Karunaad are set to travel to the Seychelles for a 10-day tournament in January 2003.

The Rawthorpe Amateur Boxing Club is fundraising to cover the costs of the trip, which includes flights, accommodation, and training.

The club is currently raising money through a series of events, including a fundraising night on Friday 14th January 2003.

Rawthorpe - All Invited. Contact: Lesley Winpenny 3476

RAWTHORPE V SEYCHELLES

Chris Pettler, DRAM Programme Manager, is pictured presenting awards at the district's first international amateur boxing tournament when Rawthorpe ABC took on the Seychelles.

Receiving awards is Rawthorpe's Gavin Smith ABA Champion, left, and Kibson Jule, of the Seychelles, now preparing for the next Olympic games.

Rawthorpe ABC contact is coach Mark Reynolds on 511166.



RAWTHORPE AMATEUR BOXING CLUB v SEYCHELLES AMATEUR BOXING FEDERATION

We are looking for the Representative National Boxing team for 2 weeks starting with January 1st morning.

The box after the team will start the club event on the 10th and looking for sponsorship from members.

There will be a 2nd evening night boxing on Saturday 1st February at the Rawthorpe Gas Club. All members of all clubs are invited to support the club. There will be a 3rd evening night boxing on Saturday 8th February at the Rawthorpe Gas Club.

We will be holding a fundraising night on Friday 14th January 2003 at the Rawthorpe Gas Club. All members of all clubs are invited to support the club. There will be a 4th evening night boxing on Saturday 15th February at the Rawthorpe Gas Club.

NATION SPORTS

International Boxing competition

Seychellois, English, Nigerian boxers in action on Saturday

Seychellois, English, and Nigerian boxers were in action on Saturday at the Rawthorpe Gas Club. The Rawthorpe Amateur Boxing Club and Karunaad A.B.C. were the main participants.



Newspaper Articles

A selection of images from newspaper articles featuring the club over the years.



Boxers square up to £100k costs for gym

MP sees the task facing Rawthorpe club



Rawthorpe Amateur Boxing Club is facing a significant financial challenge as it seeks to secure a permanent base for its members. A Member of Parliament (MP) has visited the club to understand the scale of the task ahead, which includes raising £100,000 for a new gym facility. The club's current premises are inadequate, and the new building would provide a dedicated space for training and competitions.

Title tilt

Sugden geared up for golden chance



A boxer named Sugden is preparing for a major title fight, which is seen as a golden opportunity for him. The article discusses his training, his opponent, and the stakes involved in the upcoming bout. The boxer is determined to win and secure a title that would significantly advance his career.

BOXING CLEVER THANKS TO NEW SCHOOL CLUB!

MASSIVE CLEAR



The Rawthorpe Amateur Boxing Club has introduced a new school club, which has proven to be a massive success. Young boys are showing great talent and enthusiasm for the sport. The club has provided them with proper training and equipment, allowing them to develop their skills and compete at a higher level.

Versatile Shaun shows his skills



A young boxer named Shaun is showcasing his versatility and skills in the ring. He is able to adapt to different styles and opponents, making him a formidable contender. The article highlights his technical proficiency and his ability to think on his feet during a fight.

New boxing centre proves a big hit

Club moves to permanent base in school gym



The new boxing centre, located in a school gym, has been a huge success for the Rawthorpe Amateur Boxing Club. It provides a permanent and dedicated base for the club's activities. The facility is well-equipped and has attracted a large number of members, including children and adults alike. The move has significantly improved the club's operations and provided a better environment for training.

Club's rugby girls take on new sparring partners



The Rawthorpe Amateur Boxing Club's girls' rugby team has taken on new sparring partners. The girls are showing great skill and teamwork on the field. The club has provided them with the necessary training and support to excel in their sport. The girls' team is a source of pride for the club and represents the growing participation of women in sports.



A group of people, including children and adults, are dressed in traditional Indian attire. They appear to be at a cultural event or festival, celebrating their heritage. The image shows a vibrant scene with people in colorful saris and dhotis, some wearing traditional headgear. The atmosphere is festive and joyful.

Club's closure would be a knock-out blow

Boxers would be hit if venue goes



The potential closure of the Rawthorpe Amateur Boxing Club's venue would be a significant blow to the community. Boxers and other members would be affected if the venue were to be lost. The club has been working hard to secure a permanent base, and any setback would be a major challenge. The community is rallying behind the club to ensure it remains open and active.

Royal rewards for voluntary workers

It's a knockout say amateur boxers



The Royal Government has awarded medals to several voluntary workers from the Rawthorpe Amateur Boxing Club. The workers have made significant contributions to the club and the community. The award is a recognition of their dedication and hard work. The club members are proud of their workers and the honor bestowed upon them.

Nelson fires celebrations



There are celebrations in Nelson, likely related to a victory or achievement. The image shows a group of people, some in formal attire, gathered together. One person is holding a large trophy or award, and everyone appears to be in a festive mood. The celebrations are a testament to the hard work and dedication of the individuals involved.

HAPPY XMAS FROM RAWTHORPE AMATEUR BOXING CLUB

Alan, Tom, Mack, Andy, Adam, Jane and Amy



A group of people, including children and adults, are smiling and posing for a photo. They are likely members of the Rawthorpe Amateur Boxing Club. The photo captures a happy moment, possibly during a Christmas celebration. The group is diverse and shows a strong sense of community and camaraderie.

Rawthorpe geared for big Town Hall date



The Rawthorpe Amateur Boxing Club is preparing for a major event at the Town Hall. The club is geared up for a big date, with several fights scheduled. The members are training hard and are confident of a successful outcome. The event is a significant opportunity for the club to showcase its talent and raise funds for its activities.

Mike's a belter!

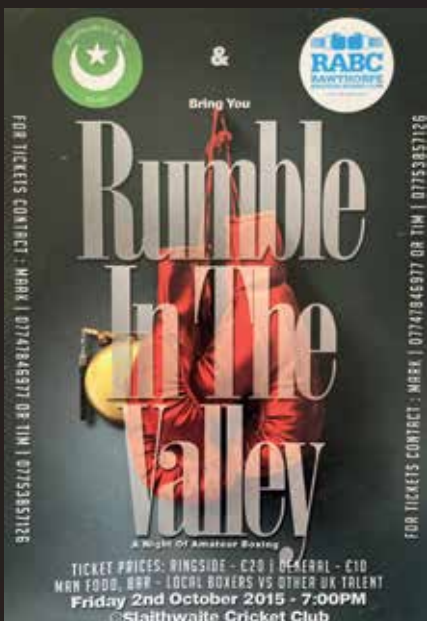
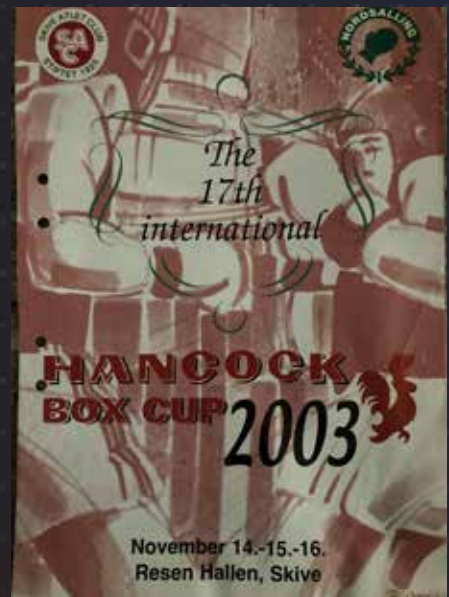
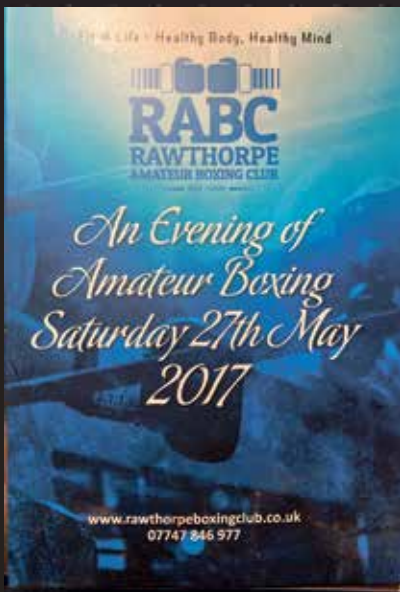
Yson's gift to trainer Mark and club



Yson has given a gift to trainer Mark and the Rawthorpe Amateur Boxing Club. The gift is a belter, meaning it is a great one. The image shows a group of people, likely at a social gathering or event. The gift is a token of appreciation for the support and training provided by the club and its staff.

Previous Events

We have staged several boxing events over the years and created great memories for all concerned. Our 1st ever event was in April 1999 at Rawthorpe High School (Netherhall Campus) We have gone on to stage shows over the years on a few Occasions ; Brighthouse Sports Club Yorkshire Vs Lancashire, The Venue , Bower Mills, Barkisland and several shows at the Huddersfield Town hall. One in particular was hosting the Seychelles National Boxing team Vs a RABC select and following with a 2nd show at Rastrick Bowling club. We were invited to host the 2004 & 2005 National Junior ABA FINALS at the Huddersfield Town hall with competing boxers from all over the UK, with some that when onto become big names in the world of boxing, with the likes of Kel Brook, Luke Campbell & Amir Khan. We Have also supported Huddersfield Town Football Club and held a fundraiser in support of the club 2013.



Police Work & Knife Crime

West Yorkshire Police Rural section have been a massive part of RABC since we moved to the Colne Valley Area. With Sargent Sarah Bradley & PC Karen Giwisser. Supporting us to try to make a positive impact on the local community. With our Youth club we delivered before the lockdown They would call down with other colleagues to engage with our members okaying table tennis, pool and just touching base with all which again built up great relationships in the local area for all.

In the Summer School Holidays of 2019, RABC was selected to be 1 of 6 boxing clubs to pilot a scheme to educate and support their local community due to the increase locally and nationally across the UK of the increase in knife crime.

The scheme was very successful, engaging with young people aged 10 - 16 years.

RABC has now developed a bespoke knife-crime provision (Fists Over Knives), supporting schools, agencies and the general public to help support young people to move away from a life of crime, drugs and anti-social behaviour.

RABC deliver their "Fists over Knives" initiative via motivational talks, non-contact boxing sessions, mentoring and supporting young people to keep them away from this type of life.



Recent Times

We have now settled into our fantastic new Gym, which is situated over 3 floors :-

Ground Floor
for the Mini Rockys'

First Floor
Fitness Floor, comprising gym / fitness equipment.

Second (Top) Floor
3 x Boxing Rings, along with Punching Aparatus

Offering the following sessions:

Mini Rocky's sessions:
Session delivered from 5 years old. Working on, boxing related activities, skills, agility, fun & games.

Rocky's Sessions:
Sessions delivered from 9 years old - 14 years old.
More advanced than the mini-Rocky's to develop their boxing skills.

Boxers sessions: for the carded boxers and ones identified to train in these sessions. These young people are training in their chosen to compete. Some box in local, regional, national & international competitions.

Boxercise Sessions: 14 years - adults. Using the ways boxers training to help support their fitness.
Great community session open to all.

Mother & Toddlers group: Open to all Women and any who are new mums or have children who want to bring with them to the sessions.










Current Sessions

RABC MINI ROCKY'S



From 5yrs old. Boxing fun and games with coach Baldy.

Contact Us:
 ☎ 07747846776
 🌐 WWW.RABC.BLOG
 📍 Market street, Milnsbridge

£5 Tuesday & Thursday
 17:00 £5 per session

LADIES BOXING RABC

Every Friday 09:45

No need for child care! Bring the kids along free. Just turn up no need to book.

£5

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 RABC
 Market street, Milnsbridge



BOX FIT RABC




SESSIONS :
 Tuesday 19:30 - 20:45
 Thursday 19:30 - 20:45
 Saturday 09:00 - 10:15

£5

COME ON DOWN

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 Opposite a Horsehouse pub

PRIVATE SESSIONS



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- ✓ 1-1 & small group
- ✓ Strength & conditioning
- ✓ Boxing/fitness
- ✓ Weight loss & toning
- ✓ Circuit training
- ✓ Sports conditioning

KNIFE CRIME!

Delivering bespoke sessions on dangers of knife crime and gang culture!



Motivation Inspire Streetwise

Guidance Direction, Advice

- Behavioural issues
- Drug awareness
- Gang culture
- Violence
- Crime
- Consequences

CONTACT US:
 www.rabc.blog
 mark@rabc@milnsbridge.co.uk
 Market street, Milnsbridge



Tuesday & Thursday
 17:00

ROCKY'S BEGINNER'S BOXING RABC



8 yrs to 14 yrs boys and girls learn to box

CONTACT US:
 ☎ 07747846776
 🌐 WWW.RABC.BLOG

£5

GROUP SESSIONS



Book Your Session, Call Terry
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- ✓ Boxing Introduction
- ✓ Body sparring
- ✓ Team building
- ✓ Pad work
- ✓ core workout
- ✓ £50 per session

RABC SCHOOL PROVISION ALTERNATIVE P.E. SERVICES:





- Build confidence
- Mental Health
- Knife Crime
- In house & outreach

CONTACT US:
 www.rabc.blog
 07747846776
 WWW.RABC.BLOG
 Market street, Milnsbridge
 07747846776

Coaches

We would like to thank the many volunteers we have had over the years from coaches to admin staff and everyone who have helped keep the running of the club going, as well as a special thanks to our Head coach Terry for overseeing all sessions and Rocky's Coach Paul supported by Bob, Mark Allan, Pete & Andy Madden with Richard Sykes for overseeing developing squad as well as the boxers.

Mike who coaches the boxers and Boxercise

Bamber who leads the Tuesdays boxercise and with new coaches on board in Stiz, Kristoff & Gareth the club is in good hands going forward.

The club is run entirely on a voluntary basis so without the support of all of our volunteers we wouldnt be able to offer many different types of coaching sessions, often for children who otherwise may fall into bad habits and bad company; thus providing them with a true sense of community, a sense of belonging



Outreach

Our outreach work has gone from strength to strength. 2004 I gave up my own Building & roofing business to concentrate on developing RABC work in the community and we now deliver to Schools, Colleges, PUR (Pupil referral Units) and have a strong links working & supporting the police. With Young people needing support with their mental health, fitness , personal development and behaviour management ,we feel we can support our local community and beyond by addressing a lot of what life throws at us through our inhouse delivery and outreach provision which is ran by Terry.

Schools, colleges & community groups we have worked with:

- Thornhill Academy (Dewsbury)
- Shelley College
- Kirkburton & Scissett Middle Schools
- Whitcliffe Mount School
- Luck Lane Infant & Junior School
- Paddock Infant & Junior School
- Roydes Hall
- Joseph Norton PRU
- Westfields PRU
- Rathbourne PRU
- Ethos PRU
- YOT (Young Offenders Team)
- Fusion Housing
- Project Challenge
- Almondbury Community School
- Netherhall Campus
- Rowley Lane Junior School
- Rawthorpe Junior School
- St Josephs Junior School
- Dalton Junior School
- Birkby Infant & Junior School
- Kirklees College
- Greenhead College
- New College
- Huddersfield Town Football Club

We have also raised money for a number of charities over the years, including:

- Yorkshire Air Ambulance
- The Keep It Up Campaign
- Forget Me Not Trust
- Kirkwood Hospice
- Macmillan Cancer Support





Framed Photos



THANK YOU TO OUR SPONSORS:

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RABC
RAWHORPE ANNUAL BOXING CLUB

A Big Thankyou to Tonight's Sponsors...

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Paul Sargeon - Proprietor

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