

- Children who read books often at age 10 and more than once a week at age 16 gain higher results in Maths, vocabulary and spelling tests at age 16 than those who read less regularly.
- Research has indicated that reading fiction is associated with higher levels of empathy and improved relationships with others.
- 16 year-olds who choose to read books for pleasure outside of school are more likely to secure managerial or professional jobs in later life.
- Reading for pleasure has been linked to a reduction in the symptoms of depression and to a reduction in the risk of developing dementia in later life
- In England and Northern Ireland the median hourly wage of workers with the highest levels of literacy is 94% higher than for workers who have the lowest levels of literacy.

